LTP Semi-formal Independent Living Skills

NOCN Independent Living Skills

**Certificate in Independent Living – Looking After Yourself and Your Home (15 credits)**

**Entry Level 1 501/0413/5 150 TQT**

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| --- | --- | --- |
| **Year 10**  **Autumn 1** | **Autumn 2** | **Spring 1** |
| Looking after yourself and your home (1)  Mandatory  Personal Care and Hygiene (3) | Basic cooking techniques (3) | Looking after your clothes (3) |
| **Spring 2** | **Summer 1** | **Summer 2** |
| Household shopping (3) | Gardening for pleasure (3)  Portfolio Completion | **Living in the Community**  Living in the Community (1)  Mandatory |

**Certificate in Independent Living – Living in the Community (15 Credits)**

**Entry Level 1 501/0414/7 150 TQT**

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| --- | --- | --- |
| **Year 11**  **Autumn 1** | **Autumn 2** | **Spring 1** |
| Getting about safely (3) | Using public transport (3) | Understanding Rights and Responsibilities (3) |
| **Spring 2** | **Summer 1** | **Summer 2** |
| Eating Out (3) | Accessing the countryside (3)  Portfolio Completion |  |

**Certificates in Independent Living – Looking After Yourself and Your Hom**e

Entry 1

To successfully achieve the NOCN Entry Level Certificate in Independent Living - Looking After Yourself and Your Home (Entry 1) the learner must complete 15 credits. All 15 credits must be at the level of the qualification, Entry 1, or above.

The 1 credit mandatory unit must be achieved, plus:

• 3 credits from Unit Group - Household Skills

• 3 credits from Unit Group - Personal Care

• 3 credits from Unit Group - Personal Development and Leisure Activities\*

The remaining 5 credits can be taken from any units in the above three Unit Groups.

\*In the NOCN Entry Level Certificate in Independent Living – Looking After Yourself and Your Home (Entry 1) Personal Development and Leisure Activities units make up one unit group.

Entry 2

To successfully achieve the NOCN Entry Level Certificate in Independent Living - Looking After Yourself and Your Home (Entry 2) the learner must complete 15 credits. A minimum of 10 credits must be at the level of the qualification, Entry 2, or above, with a maximum of 5 credits at Entry 1.

The 1 credit mandatory unit must be achieved, plus:

• 3 credits from Unit Group - Household Skills

• 3 credits from Unit Group - Personal Care

• 3 credits from Unit Group - Personal Development and Leisure Activities\*

The remaining 5 credits can be taken from any units in the above three Unit Groups.

\*In the NOCN Entry Level Certificate in Independent Living – Looking After Yourself and Your Home (Entry 2), Personal Development and Leisure Activities units make up one unit group.

Entry 3

To successfully achieve the NOCN Entry Level Certificate in Independent Living - Looking After Yourself and Your Home (Entry 3) the learner must complete 15 credits. A minimum of 9 credits must be at the level of the qualification, Entry 3, with a maximum of 6 credits at Entry 1 or Entry 2.

The 1 credit mandatory unit must be achieved, plus:

• 3 credits from Unit Group - Household Skills

• 3 credits from Unit Group - Personal Care

• 3 credits from Unit Group - Personal Development and Leisure Activities\*

The remaining 5 credits can be taken from any units in the above three Unit Groups.

\*In the NOCN Entry Level Certificate in Independent Living – Looking After Yourself and Your Home (Entry 3), Personal Development and Leisure Activities units make up one unit group.

**Certificates in Independent Living – Living in the Community**

Entry 1

To successfully achieve the NOCN Entry Level Certificate in Independent Living - Living in the Community (Entry 1) the learner must complete 15 credits. All 15 credits must be at the level of the qualification, Entry 1, or above.

The 1 credit mandatory unit must be achieved, plus:

• 3 credits from Unit Group - Rights and Responsibilities

• 3 credits from Unit Group - Accessing Community Facilities

• 3 credits from Unit Group - Personal Development and Leisure Activities\*

The remaining 5 credits can be taken from any units in the above three Unit Groups.

\*In the NOCN Entry Level Certificate in Independent Living – Living in the Community (Entry 1), Personal Development and Leisure Activities units make up one unit group.

Entry 2

To successfully achieve the NOCN Entry Level Certificate in Independent Living - Living in the Community (Entry 2) the learner must complete 15 credits. A minimum of 10 credits must be at the level of the qualification, Entry 2, or above, with a maximum of 5 credits at Entry 1.

The 1 credit mandatory unit must be achieved, plus:

• 3 credits from Unit Group - Rights and Responsibilities

• 3 credits from Unit Group - Accessing Community Facilities

• 3 credits from Unit Group - Personal Development and Leisure Activities\*

The remaining 5 credits can be taken from any units in the above three Unit Groups.

\*In the NOCN Entry Level Certificate in Independent Living – Living in the Community (Entry 2), Personal Development and Leisure Activities units make up one unit group.